



# YOUR PASSPORT TO WELLNESS

**THE RAFIKI COALITION PASSPORT TO WELLNESS PROGRAM IS A FREE 75-DAY WELLNESS JOURNEY DESIGNED TO HELP YOU ACHIEVE YOUR HEALTH AND WELLNESS GOALS!**

**ORIENTATION: FEBRUARY 9TH 6:00-8:00 PM AT 601 CESAR CHAVEZ ST., SAN FRANCISCO, CA 94124**



## WHAT'S INCLUDED?

Enjoy Rafiki's free health and wellness classes and programs throughout the 75-day journey. This includes CAM services, Health Spotlights, health screenings, and more!

## PARTICIPANT BENEFITS

Participants in this program receive support with their health and wellness goals and can utilize Rafiki programs and services to help achieve them.

## HOW TO SIGN UP

Space is limited to 20 participants. To sign up or learn more, please email [Maxine@rafikicoalition.org](mailto:Maxine@rafikicoalition.org) or [dwilliams@rafikicoalition.org](mailto:dwilliams@rafikicoalition.org) or call 415-654-0451 and ask for Destiny or Maxine.