



COVID-19 Related Resources

Volunteers Needed - Coronavirus Testing Initiative Conducted For The D-10 Sector.

Pandemic EBT (P-EBT)

Who does NOT need to apply: If families receive CalFresh, Medi-Cal, or CalWORKs benefits, they do NOT need to apply for P-EBT. The state will automatically mail families a P-EBT card with \$365 per child between May 12 and May 22, 2020. Note: Families may not get the full P-EBT amount if families started getting CalFresh or Medi-Cal benefits for the first time after schools closed.

Who needs to apply: If families have children who are eligible for free or reduced-price meals but did not get a P-EBT card in the mail by May 22, 2020, families must apply online before June 30, 2020. To apply after May 22, visit ca.p-ebt.org. Eligible families should receive their P-EBT card within 10 days after applying.

More information: <https://www.sfhsa.org/services/health-food/groceries-and-meals/pandemic-ebt-p-ebt>

Coping with Relationship Stress During COVID-19 (5/19/2020)

Checklist and resources for individuals, families, staff, clients, and communities:

<https://www.sfcpcp.org/wp-content/uploads/2020/05/COVID19-IPV-Flyer-ENG-05.19.2020.pdf>

RAMS Peer Wellness Center

Online activities every Monday, Tuesday and Wednesday for the month of May including Creative Arts, Dual Recovery Group, and Mindfulness Wellbeing Group.

More information: <https://drive.google.com/drive/folders/1TvJQyEtdJLo3oihs3pslBRoibElxuJsh?usp=sharing>

Several resources and links to articles that may be useful for you and your work.

Color of Change has developed a pamphlet directed at the Black/African American community: A Black Patient's guide to COVID-19. The pamphlet is an additional tool that can be used when doing outreach to the Black community.

ZSFG is sponsoring a virtual town hall: Coping with Xenophobia and Anti-Asian Racism in the Time of COVID-19. The town hall takes place at 11:00 on Wednesday, May 27th.

The San Francisco Latino Task Force (LTF) launched a trilingual website to help the Latino community navigate the various COVID-19 resources online: www.LTFrespuestalatina.com. The website provides information and resources in English, Spanish, and Mayan languages

Trauma Informed Systems latest newsletter address the principle of Safety & Stability

Open Door Legal helps with eviction and employment issues. Start by opening a case at www.opendoorlegal.org/starting-a-case.

La Casa de la Madres offers free and confidential Domestic Violence services and support in Spanish and English. Emergency numbers are 1-877-503-1850 for adults, 1-877-923-0700 for teens, and 415-200-3575 to text when calling isn't optimal.

Food resources through Park and Rec visit: <https://sf.gov/get-food-resources>

The following news articles should also be of interest to you:

[Pennsylvania County Declares Racism a Public Health Crisis](#)

The motion was drafted in light of a 2019 report that revealed that Pittsburgh has the worst quality of life for black people than in any other comparable city. In Pittsburgh, the rate of infant mortality among black children is 94 percent higher than the other cities in the study. Research also found that black men face higher rates of cancer diagnoses and cardiovascular disease.

[When Maternity Wards in Black Neighborhoods Disappear](#)

Experts fear that closures will become a trend nationwide because of the coronavirus, devastating an already vulnerable population.

[The price of being 'essential': Latino service workers bear brunt of coronavirus](#)

For Lupe Martinez, who does the laundry at a Riverside nursing home, each day presented an agonizing choice: Go to work and risk getting the novel coronavirus or lose the \$13.58-an-hour paycheck her family relies upon.

Disparities push coronavirus death rates higher

Harvard analysis finds mortality rate surged higher in communities with more poverty, people of color, and crowded housing.

Daniel Dae Kim on 'Asian-Americans': Ugly History, Relevant Again

Kim, who narrates the PBS documentary, discusses its unanticipated resonance in the age of Covid-19 and his own experiences with the disease.

Questions of Bias in Covid-19 Treatment Add to the Mourning for Black Families

The Centers for Disease Control and Prevention have advised health professionals to be on the lookout for medical bias.

Georgia Killing Puts Spotlight on a Police Force's Troubled History

The shooting death of Ahmaud Arbery has renewed criticism of the police agency that released the two suspects. They were charged by the state months later.